

Express Yourself Guidelines

Theme: reality of life behind the scenes in law enforcement relationships or families

- 1) written works such as essays, true stories, poetry, spoken word (audio only), artwork
- 2) work needs to be original from a peace officer spouse, child or significant other
- 3) we encourage authentic raw emotion but please refrain from adding to hate and division (no politics, naming of specific people or groups). We want to give the outside world a peak behind the curtain and show our humanity.
- 4) Submit work to faith.wife.hero@gmail.com Title subject line "Express Yourself"